



NORTHEAST DUPAGE FAMILY & YOUTH SERVICES

2025 Annual Report



Empowering Youth • Strengthening Families • Building Community



Empowering Youth

NEDFYS equips youth with the tools and skills necessary to live healthy lifestyles and achieve their full potential. We work with schools and other community-based agencies to deliver mental health promotion and violence prevention programs.

Strengthening Families

NEDFYS works with youth and their families in various settings to help them navigate stressors that disrupt meaningful connections in order to restore healthy family dynamics.



Building Community

NEDFYS partners with government, private, and non-profit agencies to support individuals and families by providing coordinated, comprehensive mental health care and social services.

Northeast DuPage Family & Youth Services (NEDFYS) is a community-based, non-profit organization that provides high-quality, accessible mental health and social services. NEDFYS works with children, adolescents, adults, and families to promote good mental health, treat mental health problems, facilitate healthy relationships, and build resilience against stress and trauma.

FROM OUR EXECUTIVE DIRECTOR

Board of Directors

Chief Roy Selvik
President
Addison Police Department

Vito Roppo
Treasurer
Fairway Independent Mortgage

Graham Dimmick
Group Specialist II
American Medical Association

John Hunt
President
Itasca Bank & Trust Co.

Scott LaMorte
Vice President
Elmhurst Community Bank

Dr. Kim Lohse
Assistant Superintendent
Addison School District 4

Daniel Riemenschneider
Principal
Good Works Results LLC

Ingrid Sharos
Criminal Justice Consultant

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This annual report represents more than numbers or program highlights—it reflects the dedication, relationships, and shared commitment that make our work possible.

Over the past year, we focused on providing responsive and collaborative care rooted in dignity and respect. We strengthened and expanded partnerships with schools, law enforcement, and community organizations, coordinating systems for meaningful impact. We began accepting Medicaid this year, a major step forward in expanding our reach.

With the strong leadership of our board and the valued wisdom of a consultant, we created a strategic plan focused on the responsible stewardship of resources, program quality, and long-term planning to ensure NEDFYS remains a strong and trusted provider in the years to come.

We look ahead to 2026 with purpose and optimism, committed to reaching young people and families at critical moments and to build safer, healthier communities.

Thank you for being part of the NEDFYS community.

With gratitude,



Shannon Hartnett, MA
Executive Director



NEDFYS BY THE NUMBERS

7341 mental health counseling sessions
provided by NEDFYS Staff

391

New Client Intakes

717

Counseling Clients
Served

351

Cases Closed

232

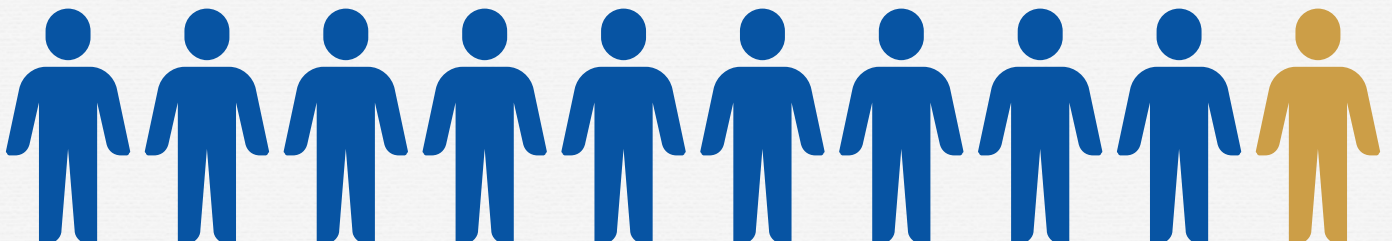
Opened Cases

2653

Police Referrals

21

DuPage
Communities Served



9 out of 10 clients reported progress towards their
treatment goals after engaging in NEDFYS services.

FROM SEED TO SUSTAINABILITY



The DuPage Foundation's early investment provided the critical seed funding that made our counseling center in Bloomingdale possible. Today, that initial support has matured into a sustainable model, with services now partially funded through Medicaid—ensuring long-term access to care for children, families, and communities who need it most. This evolution stands as a powerful example of how strategic philanthropic investment can catalyze systems-level change and create enduring impact.

POSITIONED FOR THE FUTURE



Infrastructure



Fundraising



Communications



Programs



Dave McGowan of Dave McGowan Consulting, led the NEDFYS staff and our board of directors through a Strategic Planning Process. We now have a comprehensive roadmap that will lead our efforts across four critical domains in the years to come.

POLICE PARTNERSHIPS SUPPORT COMMUNITY WELL-BEING



Police departments receive thousands of calls every year, with domestic violence and mental health-related situations making up much of the call volume. For over two decades, NEDFYS has partnered with police departments to provide community residents with immediate linkage to social services and mental health care to preserve limited police resources for crime response.

12

Police
Partnerships

2653

Police Referrals
Received



This valuable mental health service offers an opportunity for our residents to receive services they may not otherwise be able to attain.

-Chief George Pappas
Glendale Heights Police Department

GUIDING YOUTH TOWARD BETTER OUTCOMES

NEDFYS provides services to youth and their families involved at each stage of the justice system. Our programs adhere to national and state best practices in community-based mental health care for justice-involved youth.



Our partnership with DuPage County Juvenile Probation hit the 15-Year mark in 2025. Our groups for youth involved with probation served over 80 youth and families this year. We celebrated this milestone at our Champions of Hope Community Breakfast in May.

INTERVENING EARLY CHANGES TRAJECTORIES

Our unique **ReDirect Group Diversion Program** is both a skills-based and community service program for youth at risk of entering the Juvenile Justice System.

Kyle's Turning Point

Kyle entered the ReDirect Program after a Battery charge and a history of school fights. At first, he was reluctant to engage - until a session about restorative justice sparked his curiosity about accountability.

Kyle made so many positive changes during his time in ReDirect, that once he completed his hours, he was selected by the Bloomingdale Police Department to serve as a Juror in their Peer Jury Program.

Today, Kyle helps guide peers through the same process that changed his life. He has since graduated high school and is now a full-time student at the College of DuPage. Life trajectory changed!

83

Referrals
Received

69

Completed
Program

147

Total Hours
Completed

9

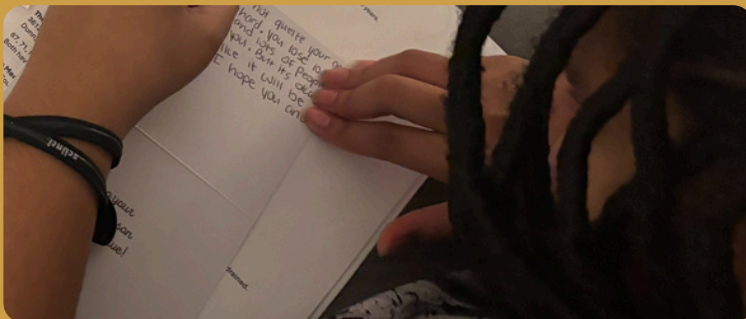
Referred Out

9

Referring Police
Departments or
Probation
Departments

10

Youth Opted
to Continue in
Group after
Completion



2025 ReDirect Service Learning Projects

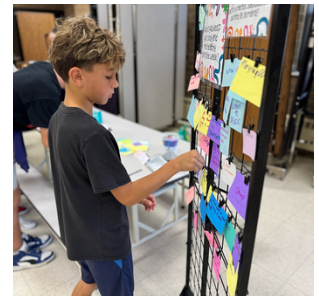
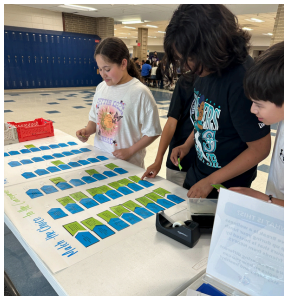
Founded in November 2001, by Mark Martin, The Angel Card Project is an internet wide charity event designed to send greeting cards to those in need. The project started as a very small grassroots effort to reach a few individuals to let them know they were not forgotten. Supported solely by volunteers, the mission of "Sending Love, One Christmas card at a time" was formed. The ReDirect Program along with NEDFYS staff and interns sent 283 cards this holiday season.

BUILDING MENTALLY HEALTHY SCHOOLS AND COMMUNITIES

NEDFYS partners with local schools to provide school-based individual and/or group therapy for children and adolescents. Services occur during the school day, onsite at the school.



NEDFYS reached over 4,500 students through community wellness and social-emotional learning programs.



Collaboration with Tri-Town YMCA



In collaboration with the Tri-Town YMCA in Villa Park, we provided children at the Y with social-emotional learning and support to help them build resilience, manage emotions, and develop healthy relationships. Together, we created safe spaces where children can thrive both in and out of the classroom. This program is supported by the DuPage County Transformation Partnership Grant, a joint initiative of DuPage County and the DuPage Foundation.

PREVENTION & MENTAL HEALTH PROMOTION IN ACTION

15,805

Youth
Touchpoints



Presented at two conferences on the topic of "Trusted Adults"

236

Direct Service
Activities



Served as Adult Mentors for the Teen Reality and Teen Ambassadors through the DuPage County Prevention Leadership Team

90

Community
Meetings
attended



Organized the 2025 wellness fair at Addison Trail High School in March for all students with 30+ Vendors

MINDFUL MESSAGES WELLNESS TEXTS FOR THE FAMILY

Helped launch the Mindful Messages texting program through partnership with the DuPage Co. Behavioral Health Collaborative and the Youth Mental Health Subcommittee. The texts send tips and resources to parents and caregivers in the county who sign up.

IN THE LOOP

BULLYING, SAFETY, AND THE DIGITAL WORLD

In 2025, we introduced an interactive experience helping families navigate bullying and online safety. Parents and Students explored hands-on stations that unpack bullying and harassment, dive into digital safety across popular apps, and discover local resources. Set up during parent teacher conferences at two separate schools.

Collaboration with Henry Hyde Resource Center in Addison



Our prevention team continues to partner with the Henry Hyde Resource Center in Addison where we provide after school and summer programming. These programs facilitate life skills, social-emotional learning, and new experiences for the participants ranging from 1st through 8th grade.

FY25 FINANCIAL SNAPSHOT

Total Revenue: \$1,980,491

Total Expenses: \$1,873,505



COMING IN 2026

NEW NAME.NEW LOOK.SAME MISSION